

Arlington Place at Oelwein

A Note from your friends at Arlington Place

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Oh what a wonderful time of year here at Arlington Place. We had our awesome Thanksgiving potluck in November that was attended by a large group of families and friends. We are thankful for all of you.

As we transition to the Christmas season, we are more thankful than ever for your continued support of our community.

Arlington Place will be hosting our Christmas party on December 14th with residents and families. We will be breaking out our choco-

late fountain and all the goodies to go with it.

If you have not already seen our progress on the new independent living townhomes, we will keep our community updated. The foundation has been poured and walls will be going up soon. We are excited for this new addition to our Arlington Place community.



Health Care Coordinator, Tonya Osterhus, RN



December will bring colder temperatures and the dreaded snow. As a reminder, we are available to take residents to and from appointments if family is unable to assist with transportation. We ask for at least 24 hours of notice to ensure we have someone lined up to make this happen. In town appointments are included and out of town trips will be an additional

fee.

To help our residents stay healthy, we encourage them to continue washing hands, being aware of their health and talking to me if they have any concerns.

In order to keep our residents healthy and avoid exposure to potential sickness, we ask that you avoid visiting your loved ones here at Arlington Place if you are also feeling under

the weather. We have hand sanitizer available for those that are able to visit.

December is a time to be thankful for those around us. I am very thankful for the residents and families that we have here. We are truly blessed with the best.

Thank you, Tonya

Our monthly special for December is \$1,000 off the first 3 months of rent! Huge savings for you or your loved one as we head towards 2019. Call Karen to set up a tour today! 319-238-0147

Culinary Coordinator, Joie Meyer

Welcome December! This month will definitely be exciting here at Arlington Place. We will be trying a new set of menus this month!! This will have new entrée options, vegetable choices and desserts!

Our menu options are from Martin Brothers. They provide us with options for our menus to give us new and exciting ideas to add to our menus here.

Thank you to all of the families that came in for our Thanksgiving potluck and on Thanksgiving

Day. We enjoyed trying your recipes and eating a lot of pumpkin pie.

As we prepare for our Christmas Party, we will be creating some new, fun treats as well as having our chocolate fountain.

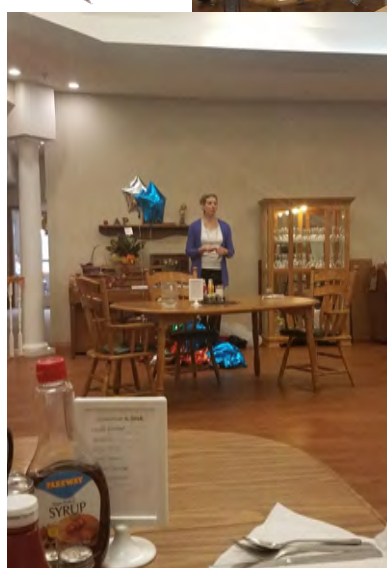
We look forward to a fun and healthy holiday season!

-Joie

Need a last minute Christmas gift for your loved one? Get them a gift certificate to our salon!

Call Arlington Place to learn more!!





Residents enjoying the Thanksgiving Day meal with their families.

Residents learn about dietary needs and dietary guidelines from Martin Brothers Registered Dietician, Renee Greiner.

Life Enrichment Coordinator, Shari Vargason

November sure shaped up to be a cold one! We are glad that the snow that fell, didn't stick around for long. We took a trip to see the changing leaves around Northeast Iowa and had a great time!!

We have some fun December crafts and exciting events planned for December. Arlington Place will be hosting the Jingle Bus again this year on December 11th from 6:00-8:00pm. Residents are welcome to join and we encourage their participation to view the Christmas lights around Oelwein.

Our resident and family Christmas party will be held on December 14th from 6:00-8:00pm also. We encourage families to join us for hors d'oeuvres and desserts as we celebrate the Christmas season.

Thank you all, Shari





Left:

Jerry & Arliss Willyard celebrated their 66th wedding anniversary on November 9th with a candle lit dinner, guitar music & anniversary cake.



Above: Many hands make quick work!! Residents Arliss Willyard, Lorena Westendorf, Margie Kuennen & Judy Liebe work to fill a large batch of deviled eggs together for an afternoon snack.

Right: Residents Ann Vogel & Audrey Carlson work on cutting ribbons for an upcoming holiday wreath craft.



Below: Many residents enjoy magician Johnathan May for some late night entertainment.

Below: Right & Center: Audrey Carlson & Arliss Willyard get into the Christmas spirit by decorating the Arlington Place Christmas tree.



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Upcoming Events

Calendar Highlights

12/3 3:15pm Goodwill Outing

12/5 2:00pm Meet & Greet Karen

12/6 2:00pm High School Choir

12/11 11:00am Mac & Cheese Day
Lunch

12/13 3:00pm Hot Chocolate Party

12/14 6:00pm Family Christmas Social

12/18 10:15am Homemade Snickers

12/20 3:00pm Christmas Scavenger
Hunt

12/21 10:00am Christmas Carol Sing
Along

12/26 1:00pm Snowball Toss

12/27 3:00pm Make a Fruit Cake

12/28 10:00am Dollar General Outing

12/31 1:00pm New Year's Eve Happy
Hour and Party

Join us EVERY Tuesday night for card
night at Arlington Place from 6:00-
8:00pm.



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