

1st Annual Butterfly Release

As an assisted living community with memory care, we are very involved with the Alzheimer's Association and its mission to help find a cure for this disease. We are spending our summer hosting a variety of activities and raising money for this cause.

At Arlington Place, we have a 10 apartment secure memory care unit to care for those affected by dementia and related diseases. This area includes private apartments with common areas in the dining room, living room and garden patio. Residents enjoy a safe and interactive community atmosphere in a safe environment.

This year, we have a new event to raise money! On Saturday, July 28th, we will be hosting the 1st Annual Butterfly Release at Arlington Place. Butterflies can be purchased for \$25 each to be released in memory or in honor of a loved one. We invite all of our families and friends to join us for this wonderful occasion.

Registration forms for this event can be found at Arlington Place, on our website, www.arlingtonplaceliving.com or one can be emailed to you upon request. There will be limited butterflies available at this event. Don't wait too long or you will miss out!

Please consider helping us reach our goal & help raise awareness for Alzheimer's.

Any questions can be directed to Courtney Schott, Community Relations Coordinator, at 319-238-0147 or at welcome@arlingtonplaceliving.com.

We look forward to hosting a successful event and hope that you will join us!

Inside this issue

| | |
|--------------------------|---|
| Butterfly Release | 1 |
| A Note From AP..... | 2 |
| Support Group..... | 2 |
| A Note from Angie..... | 3 |
| Calendar Highlights..... | 3 |
| June Highlights..... | 4 |
| Events..... | 5 |
| Tid Bits..... | 6 |

July Special
\$2,000 off the
first month and
\$1,000 off the
second months
rent!!

Contact
Courtney to
schedule your
tour today !



A Note from Arlington Place

June was a fun and exciting month at Arlington Place at Oelwein. We enjoy having the sunshine and summertime here and are getting outside each day to enjoy it. Our residents have been playing new games on the patio, weeding the gardens and socializing with new and old friends during outings.

Our goal this summer is to enjoy the weather as often as possible. With the warm weather comes the heat. We

want our residents to stay hydrated and healthy all summer too. We encourage residents to carry a water bottle outdoors with them to help beat the heat.

"If you can't change your fate, change your attitude." — Amy Tan

Caregivers Support

Arlington Place at Oelwein has started a Caregivers Support Group that will take place on the second Monday of each month. Our May support group will take place on Monday July 9th at 1:30pm.

Lisa Ellis from St. Croix Hospice will be here leading these meetings. Any resident, community member, caregiver or someone who would like more information. Each month, there will be a different topic of discussion.

This group will go over information regarding several topics. We will always take suggestions and let our members dictate the type of information the group discusses.

Anyone that wants to know more information about hospice, please contact Lisa Ellis at St. Croix Hospice at lellis@stcroixhospice.com.

ST. CROIX
HOSPICE



We will be selling t-shirts to help raise money for the Alzheimer's Association also! Arlington Place is in the final stages of deciding on a design. Once we have a design set up, we will be able to email or mail order forms. All proceeds from the t-shirt sales will be donated to the Alzheimer's Association.

Do you know someone who may be interested in assisted living? Refer them to join our community and take \$500 of your next months rent!

A Note from Angie

Happy July All-

The month of June was a fun and happy one here at Arlington Place. I love to see resident families in the community enjoying quality time with their loved ones.

July will be just as great here at Arlington Place. We look forward to serving your loved on with care and compassion each day. Remember to communicate any concerns or questions you may have, with your nurse!

Angela McCann
Health Care Coordinator
Arlington Place
319-283-3334



July Calendar Highlights

Live2B Healthy is now held from 8:45 am– 9:15 am every Monday, Wednesday & Friday. This is free to the public!

July 4 10:00 am Craft with Shari

July 5 1:00 pm Make an Apple Pie

Friday July 6 2:00 pm Happy Hour!

July 9 1:00 Beach Ball Volley

July 12 11:00 am Hot Dog Bar at Lunch

July 13 10:00 Geek Math Quiz

July 17 2:00 pm Music with Russel Turner

July 19 2:00 pm BINGO

July 23 1:00 pm Blueberry Pie Al-A-Mode

July 25 2:00 pm Baseball Bean Bags

July 27 6:00 pm Movie Night

July 31 9:00 am Shopping Trip

June Highlights

Thank you to everyone that came out for the Sub Shop on June 21st. We had a great success and were able to hit our goal for the Alzheimer's Association. We raised over \$216 in the collection jars and almost \$300 in



June Hanson enjoying a game of Beanbag Baseball on the patio.



Residents enjoying our new Memory Gardens patio and raised garden bed. We planted tomatoes, peppers and onions in the gardens and the residents can't wait to enjoy the fruits of their labor!



Angie Youngblut, RN, MBA from The Center for Wound Healing and Hyperbaric Medicine spoke with residents about wound care and healing at a Lunch and Learn on June 13th.



Residents in our Memory Gardens playing a fierce game of cards together. Playing cards is a favorite past time of all the residents at Arlington Place and you can find games most afternoons in either dining room.





Oelwein Chamber member Jon King addresses crowd at Business After 5

Business After Five

We had a great turnout at our Business After 5 celebration on June 6th. We would like to thank all of the families and friends that came out to help us share our community with Oelwein. We are very proud of our community and accomplishments and look forward to serving you in the future.



Memory Care

Marilyn Dahl helps residents at Arlington Place create *after dinner mints* in our Memory Gardens. Residents enjoy making pancakes, mints and other snacks.

The Coordinators

Angela McCann, RN

Health Care Coordinator
nurseow@arlingtonplaceretirement.com

Courtney Schott

Community Relations Coordinator
welcome@arlingtonplaceliving.com

Joie Meyer

Culinary Coordinator
culinaryow@arlingtonplaceretirement.com

Shari Vargason

Life Enrichment Coordinator
lifeenrichmentow@arlingtonplaceretirement.com

John Kollman

Maintenance Coordinator
maintenanceow@arlingtonplaceretirement.com

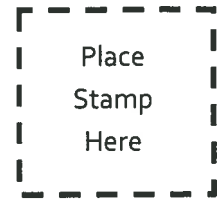
Visit us online at
www.arlingtonplaceliving.com



Arlington Place at Oelwein

1101 3rd St SW

Oelwein, IA 50662



July2018 Arlington Place Newsletter

Notes & Reminders

****Resident Referrals:** If a resident referral results in a move-in. That resident will receive \$500 off a month of rent.

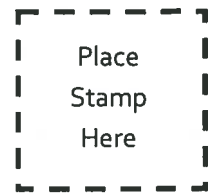
****If you would like to receive the Newsletter and Calendar by email please send us your email address at welcome@arlingtonplaceliving.com**

****Many of our activities are FREE and OPEN to the public. If you are looking for a great time with some great people, please do not hesitate to call or stop by! 319-283-3334 and ask for Shari**

Arlington Place at Oelwein

1101 3rd St SW

Oelwein, IA 50662



July2018 Arlington Place Newsletter

Notes & Reminders

**Resident Referrals: If a resident referral results in a move-in. That resident will receive \$500 off a month of rent.

**If you would like to receive the Newsletter and Calendar by email please send us your email address at welcome@arlingtonplaceliving.com

**Many of our activities are FREE and OPEN to the public. If you are looking for a great time with some great people, please do not hesitate to call or stop by! 319-283-3334 and ask for Shari