

September Activity Highlights

Monday, Wednesday, and Friday @ 9:30am - Live 2B Healthy

September 1st Walmart Shopping

September 5th Thorn and the Roses

September 6th Community Coffee

September 8th Happy Hour

September 10th Family Potluck

September 12th Hawaiian Themed Lunch

September 14th Painting Class

September 15th Country Drive

September 18th Bingo Store opened

September 26th Party Dip Cook off

September 28th Ball Town Lunch Outing

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*“Embracing
Every Moment”*



From Our Manager
Brett Ingersoll

Happy September,

Well, here we are. The last days of summer and the beginning of fall. Leaves will be changing, kids are back to school and football is in the air. This is my favorite time of year! Get outside and enjoy the leaves starting to change and the crisp, clean air with the windows open at night. Take time to enjoy the sound of kids going to school, the sound of the band playing the same school song that has been played for decades. There are many things about fall that bring back great memories, take time to relax and remember them!

August trivia Answer.

August 28, 1963

The Flintstones
debuted on ABC
during prime time on
what day?

From the Culinary

Josie Doudney

September is here. This month we will be having a family potluck. I am excited to see all your family dishes. It will be a great way to get new recipes.

We are also having a party— dip cook off. That is going to be so fun. Can't wait for you to try my dip. Have a great September.



Life Enrichment Coordinator

Shari Vargason

September is here.

The leaf's will be changing, so that means our Ball Town outing is coming up soon. We will be able to see all the pretty fall colors on the drive up. This month is also National Assisted Living week. Sunday September 10th, we will be kicking off National Assisted Living week with a family potluck! Be sure to check out your calendars

Have a great September.

Health Care Coordinator

Angie McCann

Hello everyone, we are looking at Fall and cooler temperatures again. Summer and beautiful weather never seems to last long enough!

We are looking forward right now to Flu season again.

We will be offering **flu shots here at Arlington Place on Sept 21, from 12:30 to 2:30** in the private dining room area. These will be submitted to Medicare, and there will be a consent form to fill out if you are interested in having it given here.

Please let Angie know if you are interested in a flu shot so we can have consent forms ready to go when the day arrives.

Also, our **Podiatrist Dr. Parker will be returning to Arlington Place again on the same day Sept 21st at 1 pm**. Please let Angie know if you would like to be seen and added to his routine list.



September

WWW. Famous Birthdays.com

The 9th month of the year brings us Labor Day, and the start of the Fall season.

In the Georgian calendar, the calendar that most of the world uses, September is the ninth month of the year. However, it used to be the seventh month on the Roman calendar. It had 29 and 31 days but it later was changed to 30 days by Emperor Augustus. In Southern United States, it is the warmest months of the year and very cool nights for Northern states. It is the harvest time for crops and that is why Switzerland calls September the harvest month. In the Northern hemisphere, beginning of September leads to the beginning of meteorological autumn while it is the beginning of the meteorological spring in southern hemisphere.



Hearing Aid Clinic

The next hearing aid clinic will be

September 20, 2017



September Birthdays

- Gary O 9/2
- Ruth S 9/17
- Alvina G 9/2
- Ann V 9/11
- Marilyn D 9/15

Arlington Place Coordinators

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