





Assisted Living & Memory Care | 1101 3rd Street SW Oelwein, IA 50662 | 319-283-3334 | www.arlingtonplaceliving.com

## February Activity Highlights

Monday, Wednesday, and Friday @ 9am - Live 2B Healthy in the dining room

February 4th Dave Wirtz Music

February 5th Curt and Linda Music

February 6th Craft with Shari and TJ

February 9th Magical Lunch with Johnathan May

February 9th Painting Class with Jamie Vargason

February 14th Valintines Party

February 20th Crowning of Kings

February 21st Young Readers

February 23rd Craft and Parade

February 24th Cake Walk

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"Embracing
Every Moment"



# From Our Manager Brett Ingersoll

February is here! Make sure you come and enjoy all the activity's we have to offer. As you have noticed we have a new Echo (out in the living room), be sure to come and ask Alexa a question. It's fun new way you can hear your favorite songs or you can get the latest news and weather!

Hopefully weather clears up this month so we can get out more. With all the ice and snow it's been harder to get around. So remember to be safe and stay warm!



Astronaut John H. Glenn Jr. became to first American to orbit the earth on February 20,1962

#### **Maintenance**

#### John Kollman

How are you all doing? February has approached us fast. Make sure you get out to my music class. It's fun and a great way to get to know your neighbors. It is weekly on Thursdays 10:00am.

Hope you all have a great February!

## From the Culinary Josie Doudney

January is off to a great start for the kitchen, we had our monthly cooking class where we made chicken salad the residents loved it and also enjoyed talking about how they used to make it for their families. We also had a cupcake decorating activity which they enjoyed. We got the pleasure to make 200 chocolate chip cookies for our school PTO's movie night this month. We are looking forward to our Valentines day party in February and our magical dinner with Johnathan May. Also for our cooking class we will be making fried dough. Have a great month and stay warm.

## Life Enrichment Coordinator Shari Vargason



Hello there,

I can't believe its February. We have a fun month planed with valentine's day party, and Marti gras week. Make sure you let your Family and Friends know so they can join in on all the fun.

Remember that I am always open to hearing all your new ideas. If you have one be sure to let me know and I can put it on the calendar. Have a good February.

### Health Care Coordinator

### Angie McCann



We are finally getting into February, it always feels like January is the longest month of the year with all the crazy weather. I'm sure looking forward to the first signs of spring and seeing the green grass and buds on the trees! The sunshine would be wonderful to! We are fortunate we have not had many illnesses here this winter, and I certainly hope it stays that way. Reminders on good handwashing, or using hand sanitizer to prevent the spread of germs! Please notify staff or RN if you begin experiencing any form of illness. Thank you!

## February Facts By famousbirthdays.com

In the Gregorian calendar, the calendar that most of the world uses, February is the second month of the year. Most of the months have 30 or 31 days in a month but February is shorter. February has 28 days until Julius Caesar gave it 29 and 30 days every four years. This is because the Roman emperor Augustus took one day from February and added that to August because August was a month that was named after him. February is a very cold month followed by January in the northern half of the world. However, there are sunny days in February that indicates that spring is almost here. Different from the northern half, the southern hemisphere usually enjoys midsummer weather.



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