



March Activity Highlights

Monday, Wednesday, and Friday @ 9am - Live 2B Healthy in

March 2nd Foot Doctor

March 3rd Happy Hour

March 4th **Dave Wirtz Music**

March 6th Lunch And Learn

March 7th **Thorn in the Roses**

March 13th Men's Coffee

March 14th Young Readers

March 17th St Patrick's Day Party

March 21st Josie's Cooking Class

March 22nd **Fashion Show**

March 29th West Side Church Singers

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*“Embracing
Every Moment”*





From Our Manager
Brett Ingersoll

Hello Everyone,



Could you have asked for a more beautiful February! I want to start looking forward to spring but I know there is at least one more big snow storm coming! The residents have enjoyed getting outside and getting a little sun on their faces and seeing the birds start to come back. Be sure to get outside and enjoy the weather and get a little spring cleaning done before the last big snow. Get some exercise, Eat right, and enjoy life! Heres to hoping March comes in like a lamb and out like a lamb!

Maintenance

John Kollman

It may be too early to say spring has sprung folks but I'm going to take advantage of the break from clearing snow and ice away. With the warmer weather we'll be moving things in and out of the garages, cleaning the yard, and repairing things outside the building. I hope everyone is enjoying the warmer weather for February; a wise man once said, " The sun rises and the sun sets, and hastening to its place it rises there *again*." *Let's hope spring is sooner than we thought!!*



March's flower is the daffodil, which represents hope



From the Culinary
Josie Doudney

The month of February was a success we had a huge chocolate tasting that was a huge hit with the residents and families. The weather has been warmer than normal. We will be switching to our new Spring and Summer menu here in a few weeks. There are a lot of new different items we are looking forward to trying!

Life Enrichment Coordinator
Shari Vargason

March is here. We have been going to the Hootenannies every other Friday at the Coliseum. If you haven't made it down to see all the work that has been done you should definitely get down to see it. So many memories are shared about dancing the night away. We will also be having a St. Patrick's day Party.

If you have any fun ideas please feel free to share them with me and I will see what I can do to add them to our calendar. Have a great March



Health Care Coordinator
Angie McCann



Hello all! Well it looks like we finally are on the downhill slide for winter, the weather has been beautiful and looking promising for an early Spring (we can hope!). Take advantage of the nice days to go outside and walk a little, the little bit of sunshine and fresh air does a lot to boost the spirits and it's always good to stay mobile! Also as a reminder we are still in flu/cold season, so if you are experiencing any sort of symptoms please let us know and try to avoid being around others for at least a day or so. As always—remember good hand washing and /or the use of hand sanitizer is the best bet to prevent the spread of germs!

The Month of March

<https://popculturemadness.com>

The name of March comes from Latin Martius, the first month of the earliest Roman calendar. It was named for Mars, the Roman god of war who was also regarded as a guardian of agriculture and an ancestor of the Roman people through his sons Romulus and Remus. His month Martius was the beginning of the season for both farming and warfare, and the festivals held in his honor during the month were mirrored by others in October, when the season for these activities came to a close.

Martius remained the first month of the Roman calendar year perhaps as late as 153 BC, and several religious observances in the first half of the month were originally new year's celebrations. Even in late antiquity, Roman mosaics picturing the months sometimes still placed March first.



Hearing Aid Clinic

The next hearing aid clinic will be March 15, 2017



March Birthdays

Merna Reckmer 3/5

Betty Kellogg 3/14

Mary Ott 3/18

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Rolling Out the Red Carpet

for YOU!

~ Love Where You Live ~