

# FEBRUARY 2016 Arlington Place Assisted Living

| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday  |
|--|--|---|--|--|--|---|
| CB Cognitive<br>PH Physical<br>SC Social<br>SP Spiritual   | 09:00 PH Live 2 B healthy (DR)<br>10:15 SC Social Chat(DR)<br>02:00 CG Valentine Day craft<br>06:00 SC BINGO (DR)  | 09:00 SC shopping (FR)<br>09:00 PH Walking club(HW)<br>10:00 SP What's your story? (PD)<br>01:00 SC Sacred Heart kids<br>02:00 SC Birthday party with Mike(DR)<br>03:30 SP Catholic Comm.(LY)<br>06:00 SC cards(DR)                 | 09:00 PH Live 2 B healthy (DR)<br>10:15 SC Social Chat(DR)<br>11:00 SC Mexican Dinner out<br>02:00 SC Community Coffee Invite your friends(DR)<br>06:00 SC cards(DR)                                     | 08:45 SP Bible Study - Janet(LY)<br>10:15 PH walking club(HW)<br>02:00 SC BINGO(DR)<br>06:00 SC card club(DR)                                  | 09:00 PH Live 2 B healthy (DR)<br>10:15 SC Social Chat(DR)<br>02:00 SC Minda's cooking class<br>03:45 SC coffee visit(DR)<br>06:00 SC Favorite movie (AP)                                    | 09:00 PH Walking club(HW)<br>10:00 CG Coffee & Delwein news Paper(DR)<br>01:30 SC CLUB 500(DRst)<br>02:00 SC popcorn(DR)<br>06:30 SC Guy Lombardo - tv(AP)<br>07:00 SC Lawrence Welk - tv(AP) |
| 09:00 SP Catholic - tv(FRtv)<br>10:00 SP Lutheran tv (FRtv)<br>01:30 SP Methodist tv (FRtv)<br>02:30 SC Sundaes on Sunday (DR)<br>06:00 SC Sunday night movie(FR)  | 09:00 PH Live 2 B healthy (DR)<br>10:00 SC men's coffee(PD)<br>10:00 PH Blood pressure clinic<br>10:15 SC Social Chat(DR)<br>01:30 SC cards (DR)<br>02:00 staff meeting<br>06:00 SC BINGO (DR) | 09:00 SC shopping (FR)<br>09:00 PH Walking club(HW)<br>10:00 SP What's your story?<br>01:30 SC Young Readers (DR)<br>06:00 SC cards(DR)<br>06:00 SC Thorn in The Rose music(DR)   | 09:00 PH Live 2 B healthy (DR)<br>10:15 SC Social Chat(DR)<br>01:30 Finger Nails<br>03:30 SP Catholic Comm. & Ashes<br>06:00 SC cards(DR)  | 08:45 SP Bible Study - Janet(LY)<br>10:15 PH walking club(HW)<br>10:15 SC Neighborhood friends<br>02:00 SC BINGO(DR)<br>06:00 SC card club(DR) | 09:00 PH Live 2 B healthy (DR)<br>10:15 SC Social Chat(DR)<br>11:00 SC Valentine dinner & vote<br>01:30 SC Valentine WINE party<br>03:45 SC coffee visit(DR)<br>06:00 SC Favorite movie (AP) | 09:00 PH Walking club(HW)<br>10:00 CG Coffee & Delwein news Paper(DR)<br>01:30 SC CLUB 500(DRst)<br>02:00 SC popcorn(DR)<br>06:30 SC Guy Lombardo - tv(AP)<br>07:00 SC Lawrence Welk - tv(AP) |
| 09:00 SP Catholic - tv(FRtv)<br>10:00 SP Lutheran tv (FRtv)<br>01:30 SP Methodist tv (FRtv)<br>02:30 SC Sundaes on Sunday (DR)<br>06:00 SC Sunday night movie(FR)  | 09:00 PH Live 2 B healthy (DR)<br>10:15 SC Social Chat(DR)<br>01:30 SC cards (DR)<br>02:00 SC Strawberry Facials (DR)<br>06:00 SC BINGO (DR)   | 09:00 SC shopping (FR)<br>09:00 PH Walking club(HW)<br>10:00 SP What's your story? (PD)<br>02:00 CG Word game with Steve<br>03:30 SP Catholic Comm.(LY)<br>06:00 SC cards(DR)   | 09:00 PH Live 2 B healthy (DR)<br>09:00 On site hearing clinic<br>10:15 SC Social Chat(DR)<br>12:00 CG Lunch & Learn with Deb<br>02:00 SC House warming coffee Invite your friends<br>06:00 SC cards(DR) | 08:45 SP Bible Study - Janet(LY)<br>10:15 PH walking club(HW)<br>10:15 FR Resident council<br>02:00 SC BINGO(DR)<br>06:00 SC card club(DR)     | 09:00 PH Live 2 B healthy (DR)<br>10:15 SC Social Chat(DR)<br>02:00 CG Are you Smarter Than a 5th Grader? (DR)<br>03:45 SC coffee visit(DR)<br>06:00 SC Favorite movie (AP)                  | 09:00 PH Walking club(HW)<br>10:00 CG Coffee & Delwein news Paper(DR)<br>01:30 SC CLUB 500(DRst)<br>02:00 SC popcorn(DR)<br>06:30 SC Guy Lombardo - tv(AP)<br>07:00 SC Lawrence Welk - tv(AP) |
| 09:00 SP Catholic - tv(FRtv)<br>10:00 SP Lutheran tv (FRtv)<br>01:30 SP Methodist tv (FRtv)<br>02:00 SP Brother Robert South music<br>02:30 SC Sundaes on Sunday (DR)<br>06:00 SC Sunday night movie(FR) | 09:00 PH Live 2 B healthy (DR)<br>10:15 SC Social Chat(DR)<br>01:30 SC cards (DR)<br>02:00 Staff meeting<br>06:00 SC BINGO (DR)  | 09:00 SC shopping (FR)<br>09:00 PH Walking club(HW)<br>10:00 SP What's your story? (PD)<br>11:00 SP Lutheran communion(LY)<br>01:00 SC Library Friends(Delwein public library)<br>03:30 SP Catholic Comm.(LY)<br>06:00 SC cards(DR) | 09:00 PH Live 2 B healthy (DR)<br>10:00 PH Massage Therapy (LY)<br>10:15 SC Social Chat(DR)<br>01:30 Fancy fingers<br>06:00 SC cards(DR)   | 08:45 SP Bible Study - Janet(LY)<br>10:15 PH walking club(HW)<br>02:00 SC BINGO(DR)<br>03:30 PH Beat The Boss<br>06:00 SC card club(DR)        | 09:00 PH Live 2 B healthy (DR)<br>10:15 SC Social Chat(DR)<br>02:00 SC Happy Hour<br>03:45 SC coffee visit(DR)<br>06:00 SC Favorite movie (AP)   | 09:00 PH Walking club(HW)<br>10:00 CG Coffee & Delwein news Paper(DR)<br>01:30 SC CLUB 500(DRst)<br>02:00 SC popcorn(DR)<br>06:30 SC Guy Lombardo - tv(AP)<br>07:00 SC Lawrence Welk - tv(AP) |
| 09:00 SP Catholic - tv(FRtv)<br>10:00 SP Lutheran tv (FRtv)<br>01:30 SP Methodist tv (FRtv)<br>02:30 SC Sundaes on Sunday (DR)<br>06:00 SC Sunday night movie(FR)  | 09:00 PH Live 2 B healthy (DR)<br>10:15 SC Social Chat(DR)<br>01:30 SC cards (DR)<br>02:00 DR Polka Dance with Kathy & Tim<br>06:00 SC BINGO (DR)  | AP - apartments<br>DD - Downtown Delwein<br>DR - Dining Room<br>DRst - Dining Room-Small Tables<br>FR - Front Room<br>FRtv - Front Room- Big TV<br>HW - Hall Way<br>LR - Living Room<br>LY - Library<br>PD - Private Dinning        | <b>Happy Birthday!!</b><br>Dorothy L. 2/6<br>Pete W. 2/27  |   |   |   |